



# The REACH

Orange Coast Unitarian Universalist Church

"Seeking truth, Building just communities, Caring for one another."

1259 Victoria Street, Costa Mesa, California 92627 • (949) 646-4652

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A complete program of Religious Education for children and youth, ages nursery through mid-high, is provided at the 11:15 a.m. service. Young Religious UUs, ages 14-20 meet in Gillan 3 during the 11:15 a.m. service for conversation and community.

### Feb 8 "Revelation: UU Style!!!"..... A J Blackwood

9:30 & 11:15 a.m. We will be exploring what it is to be in the midst of revelation. Some consider revelation to be inspiration from a Divine Source while others experience revelation as inspiration from the learning more about one's self and the world around us. We will be exploring how this religious term can be translated and integrated into our lives as UUs so that it inspires, reveals, and gives us insight into who we are and the nature of the universe around us.

Music: Mystery Guest Artist.

### Feb 15 "Praise Song for the Day" ..... Rev. Karen Stoyanoff

9:30 & 11:15 a.m. On January 20, 2009, we entered a new era, filled with hope and the promise of better times ahead. Still we are in the midst of serious problems, which won't be easily solved. Using inauguration poet Elizabeth Alexander's words as inspiration, Karen will weave a story around the idea that this day is one worthy of praise, even though it is also a time fraught with serious difficulties. She will be assisted by Margaret Armstrong.

Music: Orange Coast Choir will sing "Simple Gifts" and we'll also have our drummer Axel Clarke in the house.

### Feb 22 "Things to Do In Church When You're Dead"..... Rev. Fred Wooden

9:30 & 11:15 a.m. Our guest preacher this morning is the minister of the Fountain Street Church in Grand Rapids, Michigan. He describes his sermon as "a sermon from a minister who is not your minister, whom you would not want to be your minister, saying things that you would not want your minister to say." Karen assures us that this will be sermon you won't want to miss!

Music: Orange Coast Choir.

### Mar 1 "Finding Wonder in the Everyday World"..... Rev. Karen Stoyanoff

9:30 & 11:15 a.m. Too often we make a dichotomy between the everyday world and our concept of a life that is spiritual. How do we learn to find that spiritual component in even the most humdrum parts of life. This service will explore the beauty of everyday and the importance of our willingness to be present to it.

Music: Mystery Guest Artist.



## REACH Scheduling

**Deadlines are on the first and third Sundays of each month.** If you e-mail your material, you have until midnight.

The address is [reach@ocuuc.org](mailto:reach@ocuuc.org).

*org.* Please send e-mail to both the editor and the church. Material received later than the deadline will only be included if the layout is not finished. It will be in the next issue if still appropriate.

If you don't have access to a computer, Merrie Lee Wooten, is willing to help you get your article ready for the *REACH* and transmit it. Inserts must be coordinated with Sarah Jones. Thanks.

**Next REACH Deadline  
February 15**



## OCUUC's Annual Used Book, CD, DVD, Game, and Magazine Sale

**Saturday, Feb. 21 from 10 a.m.—4p.m.  
and  
Sunday, Feb. 22 until 12:45 p.m.**

Bring your used Books, CDs, DVDs, and Magazines to church on **Sundays, February 8 and February 15**. We'll also accept Board Games and Puzzles that have all their pieces.

Please leave these items at the table on the church patio.

If you are lucky you'll find space on the volunteer sign-up sheet to help:

- organize items on Friday, Feb. 20,
- help at the SALE on Saturday, Feb. 21 and
- assist in the clean-up on Sunday, Feb. 22 after the second service.

What a *great* opportunity to de-clutter your living space, do some good works at church, and help raise the money that keeps our programs alive.



### Shop early for the best selection!!

Questions? Contact Juudith Stamper, Jan Steury, or Katherine Martin.

## Communications Info

**Our web site:** [ocuuc.org](http://ocuuc.org)

**Office Hours: 9:30 AM—1:30 PM  
Sunday—Thursday  
Closed Friday and Saturday  
(949) 646-4652, 646-9016 fax**

**Minister**

Rev. Karen Stoyanoff

**President**

Nancy Loughrey

**Interim Director of Religious Education**

Christine Daukas

**Youth Advisor**

Summer Dadah

**Office Manager**

Sarah Jones

**Music/Choir Director**

Beth Nakao

**Membership Information**

Tom Loughrey

**Helping Hands**

Gayle Carter

**Congregation Nurse**

Adair Small

**REACH & Web Editor**

Richard Scoby

**Volunteer Coordinator**

Mary Lundholm

**Student Minister**

AJ Blackwood

## Memorial Service

Please join us on Sunday, February 15 at 12:45 as we celebrate the life of Louise Morton. All are welcome as we honor a woman who was an enthusiastic member of our congregation for many years.

Louise passed away peacefully on December 23, at Kaiser Hospital in Irvine, CA. Louise was a member of Orange Coast UU Church for about 30 years. She was born in Kentucky 82 years ago. She taught business skills at Long Beach City College and at Wilson High School in Long Beach. She worked tirelessly for political and social justice causes. Louise is survived by her sister, niece, and nephew in Florida, and step-daughter and step-grandson in Oregon.

## UUA President Sinkford Calls for Living Wage

On Sunday, January 25, 2009 Unitarian Universalist Association President William G. Sinkford delivered a living wage sermon as part of the UUA Action of the Month on Living Wages and the national Let Justice Roll Living Wage Days at the Unitarian Universalist Church of Nashua New Hampshire. Sinkford chose the Nashua congregation to recognize their work in helping to achieve the last federal minimum wage increase, raising New Hampshire's minimum wage above the federal level, and supporting low-wage workers and their families.

The Unitarian Universalist Association and the Unitarian Universalist Service Committee (UUSC) are members of the interfaith Let Justice Roll Living Wage Campaign, ([www.letjusticeroll.org/](http://www.letjusticeroll.org/)) a nonpartisan coalition of more than 90 faith, community, labor and business organizations. This campaign launched the "\$10 in 10" campaign to raise the federal minimum wage to \$10 an hour by 2010.

You can read about the Nashua service and work; and read and listen to Rev. Sinkford's sermon at [www.uua.org/](http://www.uua.org/)

[congregationallife/justicediversity/128604.shtml](http://congregationallife/justicediversity/128604.shtml). Learn about the services and activities of UU congregations across the country at [www.uua.org/congregationallife/justicediversity/128155.shtml](http://www.uua.org/congregationallife/justicediversity/128155.shtml).

If you haven't already, you can still be part of the "\$10 in 10" Campaign:

1. Hold a Living Wage Worship Service or Community Event (see [www.letjusticeroll.org/livingwagedays.html](http://www.letjusticeroll.org/livingwagedays.html) for information).
2. Sign Up for Living Wage Days ([www.letjusticeroll.org/livingwage-signup.html](http://www.letjusticeroll.org/livingwage-signup.html))
3. Sign & Gather Signatures for Faith Leaders ([salsa.democracyinaction.org/o/2139/t/4561/signUp.jsp?key=3526](http://salsa.democracyinaction.org/o/2139/t/4561/signUp.jsp?key=3526)), the General Public ([salsa.democracyinaction.org/o/2139/t/4561/signUp.jsp?key=3525](http://salsa.democracyinaction.org/o/2139/t/4561/signUp.jsp?key=3525)), and the Business Leaders' Letter to Congress for Delivery to the New Congress in 2009 ([www.businessforafairminimumwage.org/](http://www.businessforafairminimumwage.org/)). You can read the Letter to Congress at [www.letjusticeroll.org/faithletter.html](http://www.letjusticeroll.org/faithletter.html)
4. Make sure your congregation is paying all employees at least \$10 per hour or plans to be the end of 2010.
5. See UUA & UUSC ([www.uusc.org/10in2010](http://www.uusc.org/10in2010)) congregational resources—videos, youth activities, issue briefs, talking points, and reports and more at the Living Wage January Action of the Month page ([www.uua.org/socialjustice/actioncenter/122104.shtml](http://www.uua.org/socialjustice/actioncenter/122104.shtml)).

Please join us!

## National and Community Service

National and Community Service opportunities are available right here in Orange County. WECARE (Working to Enhance Care and Resources for Elders), an AmeriCorps Program, is a collaborative partnership between California State University Fullerton and a cadre of dedicated community partners.

### How can you be involved?

Become a Volunteer with WECARE and help ensure the safety, health, and Independence of Seniors.

Become an AmeriCorps member and commit to a year of national service to preserve quality of life for older adults while receiving a stipend and education award.

Find out how WECARE can help your community and local organizations.

In August 2008, I became a VISTA (Volunteer In Service To America). VISTA is the domestic version of the Peace Corps, working to enhance the quality of life and address areas of need wherever they exist. My principle duties are to provide administrative support to the WECARE Program and to coordinate activities that effect immigrant elders in Orange County.

Volunteer WECARE members commit to a minimum of from 300 hours to full-time assignments of 1,700 hours. Full-time membership has a stipend of \$12,000, health benefits, and an educational award of \$4,725. Service can be its own reward when you accept placement at a host site of the over 20 community partners all over Orange County.

For additional information visit with me at church or contact me, anytime: *Maurice Giss*.

## February Recipient of Church Funds

**ABRAZAR INC.** (to embrace) is possibly the most comprehensive Community and Education Center in Orange County. This organization “embraces” a truly multi-ethnic population by meeting a constellation of health, nutritional, educational, housing, and transportation services. **ABRAZAR** operates two Centers: one at its 1976 founding location, in Westminster and another in Midway City. Specific services include: a Summer Youth Program and Homework Club; Computer, English, Financial Literacy Classes; Food Distribution Programs for Families,

18+, 60+ and Senior Breakfast and Lunch Daily; Dental, Optical, and Health Management Services; and Senior Non-Emergency Medical Transportation along with Senior Mobility To and From the Centers. The **ABRAZAR** mission is to, “...foster and operate programs that can advance the living conditions of senior citizens, the family unit and its members.” Currently there is greater demand for Center services and our assistance is needed. For other information about programs see Maurice Giss or contact **ABRAZAR INC.** at (714) 893-3581.

Today, it is overwhelming to comprehend the expanse of human need within our society. Hopefully, we are beginning a process that will lead to the enacting a “Bill of Humane Rights,” but we cannot wait, “Everybody is going to have to have some skin in the game.” For help in nominating causes that we can assist contact *Kathleen McFarlin* or *Maurice Giss*.

### ADR Report

from Birdie & Charlie Reed

**Friday, Feb. 13–Sunday, Feb 15**—annual Interweave Convo at Pacific Unitarian in Palos Verdes. Several of us are planning to go. See us or AJ Blackwood.

**Feb. 13–15**—Elementary Winter Camp at de Benneville Pines. Contact the camp (UUcamp@aol.com).

**Mar. 6–8**—PSWD Leadership School. More later.

**Friday, May 1–Sunday, May 3**—PSWD District Assembly (district and de Benneville annual meetings), Mesa, Arizona. If you would like to be a delegate, please contact us.

**Wed., June 24–Sun., June 28**—UUA General Assembly in Salt Lake City.

If you would like to be a delegate, please contact us.

## On Board...Notes from the President

The Communications Working Group assures me they are submitting articles on merger progress. It is hard to know what else to write about as it is certainly consuming a great deal of my time and thoughts these days. It seems we are about half way through our January/February adventure, and all I know is that we all have to keep talking and hold on to each other! Lots of hard working, caring people are doing their best to make it happen. Stay tuned! We need a great deal of flexibility for the next month or so, but the time of uncertainty will surely pass.

A natural inclination in the face of change is to draw in and watch what happens. I am getting reports that people are hesitant to commit to anything until they know what is happening regarding our possible move and merger. I understand. We have a split personality right now, trying to decide whether to make a giant leap toward our vision, while at the same time knowing that it may not be possible. In that case, we need to have plans and programs in place to stay where we are and be patient.

I want to encourage everyone to just go for it—yes, we can! No matter what the outcome of our current process, we are, and will be, a caring, committed congregation that is seeking truth, building just communities, and caring for one another. When you are asked, please say, “Yes.” We will always be more energized, more interesting, more diverse, and more effective when more people are involved.

In the meantime, if you have any questions about what is happening with the move and merger, please ask me, or any member of the Merger Task Force.

*Nancy Loughrey*

I hope many of you will come out to the 3rd concert of our season of Orange Coast Concerts. This Saturday, 2/7, at 7:30 we will feature **Celtic violinist Jamie Laval**. He has performed on a Sunday morning as our guest artist before, and he was very warmly received then. This is a great opportunity to bring a friend to OCUUC—in a nonthreatening, non-churchy atmosphere. We transform the sanctuary into a club, complete with candles on the tables and wine or other drinks for purchase. Tickets are \$20 in advance through [www.ocuuc.org/concerts](http://www.ocuuc.org/concerts), or \$25 at the door.

**Open Mic Night** is on March 21 at 7 p.m. The event will have an Irish theme, but your act can be anything you can dream up. Funny or serious, as long as it's family-friendly. So mark your calendar and create something entertaining to share with your OCUUC community at this fun annual event! It's free to perform and to attend.

Most of the members of Orange Coast Choir will be taking a **road trip** to Mesa, Arizona this May to participate in a mass choir performance of *Sources: A Unitarian Universalist Cantata*. This major work by UU composer Jason Shelton will be the feature presentation for the Friday night opening service of District Assembly. If anyone would like to sing with us, we will rehearse every Thursday in March and April from 6:30–7:30. And we will be taking a caravan to Arizona, and there may be room for non-singers in the carpools as well.

Did you know that your Director of Music Ministries is about to become a **Certified Music Director** through the UUA? I'm just finishing up a three-year program of study as part of the very first UUA-sponsored certification class. We six candidates (AKA guinea pigs) who "survived" the certification process will be acknowledged at General Assembly in Salt

Lake City, during the Service of the Living Tradition. I hope many of you will be there to cheer me on! And I want to thank Susan Shaw, who's been my OCUUC Sponsor during this three-year process.

The **Family Choir** will sing in the services on March 29, and will rehearse on March 15 and March 22 after the 2nd service. Mark your calendars, and more information will follow. Family Choir is open to singers of all ages and abilities.

**Upcoming Music Events:**

2/7/09—Orange Coast Concerts—Jamie Laval (Irish fiddler)

3/21/09—Open Mic Night

3/29/09—Family Choir sings in morning service (rehearsals will be Sundays TBD in March)


4/25/09—Orange Coast Concerts—Three Zithers (hammered dulcimer, koto, qanun)

4/30/09—A contingent of singers travels to District Assembly in Mesa, AZ to sing Sources with the Arizona choirs there

6/13/09—Spring Choir Concert

Musically yours,

*Beth Nakao, MusicDirector@ocuuc.org*



### A Conversation about Milk

The Welcoming Committee will be hosting a discussion about the movie *Milk*, the story of Harvey Milk, a leader of the 1970s Gay and Lesbian movement and the first openly gay politician in the United States. We will be adapting UUA's new study guide to the film for our discussion. [See article beginning on page 3.] Please join us for food and conversation about this engaging leader.

Seeing the movie ahead of time is optional, yet recommended.

**Sunday, February 8, 12:30–2:00 p.m.** at Tapestry in the RECY room above the Social Hall.

Sandwiches will be provided.

*Jocelyn Cooper*

## Children's Religious Education

These past eight months, since I was hired to be the Interim DRE, have gone by amazingly fast. I have been so fortunate to meet a congregation of terrific people including a group of amazing kids. Thank you for welcoming me into your church and into your lives. At the end of February I will be hanging up my DRE nametag as was agreed upon when I was hired.

I could not be happier that OCUUC and Tapestry have decided to "get hitched." Looking at it from both sides I am confident that both congregations will enjoy getting to know each other. Speaking of which...

Plan on meeting Tapestry friends for bowling at Irvine Lanes on Sunday, February 8 immediately following second services (1:00 p.m.). Shoe rental is \$4.00 and lane prices depend on how many bowlers are in your game. Everyone is welcome.

Contact Katelynn Riva (DRE at Tapestry) to confirm. [dre@tapestryuu.org](mailto:dre@tapestryuu.org)

Elementary Winter Camp is over the President's Day Weekend, Feb. 13-16.

Information is available at [uucamp.org](http://uucamp.org)

Camp de Benneville Pines also has a new Facebook page where you can view and post pictures and camp stories.

Saturday, February 21, 3-5 p.m. is mandatory OWL orientation for Junior High Kids.

Information about the OWL Lifespan Program is available at: [www.uua.org/religiouseducation/curricula/ourwhole/](http://www.uua.org/religiouseducation/curricula/ourwhole/)

"Guest At Your Table" is a Unitarian Universalist Service Committee project. The money that is collected goes toward global efforts to combat injustice and to bring much-needed basic necessities to those that might otherwise be forced to go without. Nick Simon has a service table outside on the patio. RE also has boxes and pamphlets on our communal snack table. Please take one of each and discuss UUSC and "Guest at Your Table" with your families. Any size donation goes directly to UUSC. Please see Nick Simon for more information.

Again, thank you to everyone for being patient with me while I learned on the job, and thank you for your grace and support of the RE program. I will definitely be seeing yoUU.

Lots of Love, *Christine*

## Thinking About Theism

The TAT discussion group, which meets every third Saturday morning at OCUUC, will have its second meeting February 21 at 10:00. The discussion topic for this meeting is "Ways to 'practice' my theism." If you have questions about TAT, please contact *Maureen McConaghy*.

## Young Adults Group

Come join us in our activities. We have a Wednesday night service every other week to focus on meditation and connect with our community. We also get together every Sunday after late service for lunch. Our ages range from 18 to 35, but we encourage all to participate in anything we do, the young and the young at heart. Come visit our table on the patio on Sundays where we have donuts if you didn't get breakfast, \$1 each. E-mail [YoungAdults@ocuuc.org](mailto:YoungAdults@ocuuc.org) Visit our group at [groups.yahoo.com/group/OCUUC-YA](http://groups.yahoo.com/group/OCUUC-YA). You can find the YA calendar and more information on the group. Or, if you have any other questions, contact anyone on the YA Committee: AJ Blackwood, Molly Rossow, Jacob Matthews, Tim Medley.

### Calendar:

2/8—Bike ride at 1 p.m. from church takes us to lunch at Azar's Pizza at Balboa Peninsula 309 Palm Street

2/11—Contemplative service @ 7:30 p.m. (introduction @ 7:00 p.m.)

2/13—Movies with the Minister @ 7 p.m.

2/15—IUUnch bUUnch after late service @ Applebees 18279 Brookhurst Street

2/22—Town Hall meeting

2/25—Contemplative service @ 7:30 p.m. (introduction @ 7:00 p.m.)

## OCUUC Cancer Friends

The Cancer Friends will meet on Monday, January 12 at 7:00 p.m. in Gillan 3. Our informal discussion group is meant for those who have had cancer themselves or who have friends or family who are fighting this disease. Survivors sometimes are surprised that they still face many challenges as they deal with the “cancer experience,” the results of treatment and the anxiety of periodic follow-ups. Friends and family often find themselves at a loss when it comes to deciding what to say and how to be truly helpful to their loved ones. Further information: Contact *Adair* at [nurse@ocuuc.org](mailto:nurse@ocuuc.org).

## Women’s Retreat Pre-Registration Ends January 31

The “Women’s Retreat” at Camp de Benneville Pines this spring will be Friday, April 24–Sunday, April 26.

Pre-registration for the weekend at last year’s rate will end on January 31, 2009. The organizing committee is still working on the theme, keynote speaker, and workshop details but as always, it will be lots of fun.

Please don’t miss out. This event fills quickly and we expect to sell out again this year. At this time, there are only a few Craig’s Cabin rooms available but we still have plenty of our comfortable standard rooms—and you can still get the pre-registration rate of \$150.00 per person until January 31. Upgraded cabins are \$20 more and if you would like to arrive on Thursday for a quiet day before the activities begin, the cost for lodging only is an additional \$20.

We are also offering pre-registration rates for this fall’s “Yoga & Wellness Retreat,” Friday September 11–Sunday, September 13, 2009. Pre-registration for this weekend ends on April 15, 2009.

To pre-register for either of these events, you can download the forms from the camp’s website.

*Caroline Quintanilla (contact info at right)*

## Notes from the Nurse

I’ve recently been reminded by one of you about the Simple Signs of a Stroke and how to recognize these in yourself or another. You can use an acronym for this:

S—Ask the individual to SMILE.

T—Ask the person to TALK and SPEAK A SIMPLE SENTENCE (i.e. It is sunny out today.)

T—Ask the person to STICK OUT HIS TONGUE (it should be straight).

R—Ask her to RAISE BOTH ARMS.

All these movements should be symmetrical. If you are worried about yourself, use a mirror.

If he or she has trouble with ANY ONE of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

## Time to Register for Elementary Winter Camp

The PSWD Elementary Winter Camp is President’s Day Weekend next month, Saturday February 14–Monday February 16.

The theme is “Keen on Green” and will focus on learning how we can make our world greener and enjoying camp activities—worship, snow play, crafts, games, and making new friends.

The camp is for children ages 8–12. Children ages 5–7 and children not ready to come to camp by themselves are invited to bring their parents.

Fliers with registration information have been mailed and you should receive yours soon. They are also available to download from the camp website at: Elementary Winter Camp Flier/Registration Form and from the Camp de Benneville Pines Page on Facebook, which can be viewed whether you have a Facebook profile or not.

Please invite your friends and the families from your congregation to attend, copy fliers for your Sunday newcomer’s table, and add the information to your church bulletin.

We look forward to seeing all the children and families at camp!

*Caroline Quintanilla*

Camp de Benneville Pines

(909) 794-1252 direct line

(909) 725-2787 cell/text

(866) 481-2805 fax

[caroline@uucamp.org](mailto:caroline@uucamp.org)

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## Jesus Seminar on the Road

Early registration ends Feb. 13 (discount!) for this stimulating workshop on Archaeology and the Origins of Christianity. The Jesus Seminar is a group of progressive Christian scholars who have been working diligently for some years to understand who Jesus really was. Here is a golden opportunity to meet a couple of them in our own back yard. Milton C. Moreland and Jonathan L. Reed will be presenting the topic at the United Congregational Church, Irvine on Friday and Saturday, March 6–7.

Friday evening they will introduce cutting-edge field-work that has transformed the understanding of the historical Jesus and the origins of Christianity (very different

from the Christianity of today). Workshops on Saturday will delve into two Roman Galilean and four Greek Aegean cities and their historical impact on the writing of the gospels and Paul's letters.

For more information go to [www.WestarInstitute.org](http://www.WestarInstitute.org) and see Events, then Irvine. Ken or Adair Small will be happy to talk with you about their experiences with the Jesus Seminar.

## Artists Arise Happenings:

“**Flowers, Faces, and Places**”—A Photography Show” will continue on display until further notice. Please come enjoy the work of OCUUC photographer-members.

### The Window Project

We’ve heard many people lamenting how they will miss our beautiful beloved great glass window!

So we urge you to take photos of our Beloved Window—from inside and outside the church—for a future Photography Project. So when we move we can have more than our memories of Our Beloved Window—we’ll have Great Big Photos of it! This project is still under study so we’d like your input as well as your photos.

Vote for the best photo?.... sell enlargements as a fund- raiser?.... Give us your thoughts when you bring us your photos or CDs.

In the meantime—Shoot! Shoot! Shoot!

Deadline for receiving photos or (preferably) CDs of photos is Sunday, February 15.

### Workshops in 2009

**Workshops have been cancelled until further notice.**

Let’s do art! ..... later in the year!

*Mary Paliescheskey Lundholm*

*Vera Viana-Asper*

## Childcare Is Available for All OCUUC Events

OCUUC has a policy of providing childcare during church-sponsored activities, events, meetings, and programs. Please contact the chair or organizer of the event as soon as you know you will be needing childcare; you must provide a minimum of five days notice. Then the chair will contact people who are on a pre-approved list of childcare providers, and two care providers will work together with even one child. All events that are scheduled on the same day or evening will coordinate to provide childcare together.

## Board Calendar

Date	Time	Place
FEBRUARY 17	7:00 PM	SOCIAL HALL
MARCH 17	7:00 PM	SOCIAL HALL
APRIL 21	7:00 PM	SOCIAL HALL
MAY 19	7:00 PM	SOCIAL HALL

## Pastoral Associates Offer “Companionship”

The associates are commissioned to augment the pastoral work of our minister. If illness, physical limitations, impending or recent hospitalization, personal losses, significant life changes, spiritual or emotional distress are concerns for you or someone you know, please call one of the pastoral care associates listed.

Paul Gethard

Ted Lundholm

Joan Parry

Adair Small

Judith Stamper

Bill Stoker

Shannon Stoker

Shirley Thorne

Vera Viana-Asper

## ATM Cooking Schedule

As part of the OCUUC Faith in Action outreach program, the AIDS Team Ministry Project (ATM) is a meal service project which provides microwaveable meals to homebound people with AIDS who live in Orange County. We normally cook every month on the second Saturday, 8–noon, in the wonderful OCUUC kitchen. Volunteers cook, package, and freeze meals. These meals, which are then delivered biweekly, can be easily popped into the microwave by folks who are unable to cook nutritious meals for themselves. See the ATM bulletin board on the east wall of the kitchen foyer for cooking dates and sign-up or e-mail [atm@ocuuc.org](mailto:atm@ocuuc.org).

### Next cooking date: February 14

To volunteer, please sign up on the sheet posted on the ATM bulletin board (on the east wall of the kitchen foyer), or call cooking coordinators *Ted and Mary Lundholm*.



## Orange Coast Unitarian Universalist Church

1259 Victoria Street  
Costa Mesa CA 92627  
(949) 646-4652

### Dated Material

### OCUUC Book Group

The OCUUC book group meets the first Monday of every month in Gillan 3 at 7:30 p.m. Everyone who has read the book and interested in a lively and edifying discussion is most welcome to join us. For further information, call Mickey Jackson. Selections for the next four months are as follows:

March 2—*The Story of a Marriage* by Andrew Sean Greer, presented by Mickey Jackson

April 6—*Bridge of Sighs* by Richard Russo, presenter TBA

### Walking Group

We are meeting at the San Joaquin Marsh in Irvine at 8:00 a.m. on Mondays and Fridays for our 45–60 minute walk. We combine birding and mild exercise. Call Mickey Jackson or Jay Miller for more info.

### The North Orange County HikeUUs

meet at a regional park at 9:30 a.m. on the second Saturday morning of each month for a moderately difficult, approximately 2-hour hike. The February 14 hike will be at Peters Canyon Regional Park. For information, contact *Maureen McConaghy*.