



# The REACH

Orange Coast Unitarian Universalist Church

"Seeking truth, Building just communities, Caring for one another."

1259 Victoria Street, Costa Mesa, California 92627 • (949) 646-4652

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A complete program of Religious Education for children and youth, ages nursery through mid-high, is provided at the 11:15 a.m. service. Young Religious UUs, ages 14–20 meet in Gillan 3 during the 11:15 a.m. service for conversation and community.

## Jan 25 "You've Got To Be Carefully Taught" . . Rev. Karen Stoyanoff

**9:30 & 11:15 a.m.** Schoolyard and Schoolroom bullying is becoming an increasing problem in schools. Often it takes the form of hate crime since it targets children for issues like race, sexual orientation, handicapping conditions, and other such categories. What is our response to this problem? How do we live our UU principles in the face of hate as it is directed to members of our human family? What can we do to put a stop to hate crime in our schools? This service will look carefully at these issues.

**Music:** Elly Anderson will sing a song about standing by without taking action, and Orange Coast Choir will sing a funkalicious song about Dr. Martin Luther King, Jr.'s legacy.

## Feb 1 "Religious Humanism" . . . . . Rev. Karen Stoyanoff

**9:30 & 11:15 a.m.** Carl Sagan suggested that a religion "that stressed the magnificence of the universe as revealed by modern science" would be a benefit to our society. Defined in the first Humanist Manifesto, such a faith has existed for most of the twentieth century. This service will explore what humanist theology holds true and how it is "religious" as well as secular.

**Music:** Orange Coast Choir will sing "A Child Said" based on a text by Walt Whitman.

## Feb 8 Our student minister, A J Blackwood, will preach this Sunday.

**9:30 & 11:15 a.m.**  
**Music:** Mystery Guest Artist

## Tom Loughrey's Blog

Go here for my newest posting from the UUA Board of Trustee meetings in Boston this week: <http://tomloughreyuuatruster.blogspot.com/>

Tom Loughrey  
[tloughrey@uua.org](mailto:tloughrey@uua.org)  
PSWD Trustee to the UUA Board



## REACH Scheduling

**Deadlines are on the first and third Sundays of each month.** If you e-mail your material, you have until midnight.

The address is *reach@ocuuc*.

*org.* Please send e-mail to both the editor and the church. Material received later than the deadline will only be included if the layout is not finished. It will be in the next issue if still appropriate.

If you don't have access to a computer, Merrie Lee Wooten, is willing to help you get your article ready for the *REACH* and transmit it. Inserts must be coordinated with Sarah Jones. Thanks.

**Next REACH Deadline  
February 1**

## Communications Info

**Our web site:** *ocuuc.org*

**Office Hours: 9:30 AM–1:30 PM  
Sunday–Thursday  
Closed Friday and Saturday  
(949) 646-4652, 646-9016 fax**

**Minister**

Rev. Karen Stoyanoff

**President**

Nancy Loughrey

**Interim Director of Religious Education**

Christine Daukas

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Summer Dadah

**Office Manager**

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**Membership Information**

Tom Loughrey

**Helping Hands**

Gayle Carter

**Congregation Nurse**

Adair Small

**REACH & Web Editor**

Richard Scoby

**Volunteer Coordinator**

Mary Lundholm

**Student Minister**

AJ Blackwood

## Book Sale

Organize! Clean! Donate more! Raise money for my favorite church! Those were some of my New Year's resolutions, and I can take care of all of them with the upcoming **Used Book Sale** at OCUUC on **Saturday, February 21**. Please join with me in packing up your unwanted books, magazines, CDs, DVDs, and games. Bring your donations to church on February 8 and 15. Look for the volunteer sign-up form at church and offer to work in a two-hour shift during the day on Friday the 20th (set-up), Saturday the 21st, and Sunday the 22nd (clean-up). Then feel good about your new open space and your fund-raising effort for our church.

Questions or comments? Contact us.

*jUUdith Stamper*

*Jan Steury*

*Katherine Martin*

## CUUPS Imbolc/Candlemas Ritual

Please join CUUPS (the OC Covenant of UU Pagans) for a Candlemas Ritual. Christine Hernandez will be leading this ritual celebrating the first dawning of spring. There will be a potluck afterward; please bring a dish to share if you are so inclined.

**Date:** Saturday, 1/31/09

**Time:** 7:00 p.m.

**Where:** OCUUC Sanctuary

## UUSC/Guest At Your Table

It's time to complete the GAYT program for this year. Turn in your banks and checks to me (or to Sarah) by February 15 and I will tally them and send them off to UUSC. The Service Committee is our representative around the world, doing work to defend the civil and humanitarian rights of oppressed people everywhere. They deserve our generous support.

You can save me some time if you wish by tallying the bank contents at home and then writing a check to UUSC. Remember that if you wish to become a member of UUSC, your donation needs to be a minimum of \$10/student, \$20/senior, \$40/regular membership, and \$75/couple. If you donate \$100 or more it will be matched by the Shelter Rock Foundation.

You can become personally involved in activities of the Service Committee. Check out their web site at [www.uusc.org](http://www.uusc.org) or pick up literature regarding the various programs at the UUSC table on the patio.

*Nick Simon,*

Your UUSC Representative



## Casual Comments

What a glorious week this is! In the spirit of “Yes We Can” everything seems possible. I have been deeply touched by the happy voices exclaiming that they never believed they would see an African-American president in their lifetime. I am deeply touched, but not a little saddened that so many people (with such good reason) didn’t believe we had it in us to do this wonderful thing—to set aside prejudice and elect a good man with a good plan. At the same time, I am inordinately proud that we have done it.

In the spirit of “Yes We Can” it is my hope that we won’t now sit back on our laurels and feel (justifiably) proud of ourselves for this accomplishment, which as you read this is already a piece of history. As they used to say in the ad for a department store in Chicago, we need to ask “Hey, what have you done for me lately?” We are entitled to feel proud and maybe even take a few minutes to enjoy this, but we then need to look at what else we can do. Because certainly that is the

most important consequence we could hope for from this historical moment in time. Now we know that we can do more than we have believed possible. So what’s next? How about health care for all? Or maybe working on ending homelessness? I’ve heard rumors that we might finally fix the Social Security crisis that we’ve been warned is coming soon. Maybe now we can mend our damaged image in the world and go back to being a constructive leader, earning the respect of others. The joy that is spreading through the world this week tells me that there are many in the world who would be happy to have us take up the mantle of statesmanship and lead us to a better place.

One caveat, of course—it won’t happen in a day. And it won’t happen if we expect President Obama to do it alone. Each of us has to get out there and be a force for a better world. On Monday, Obama picked up a paint roller and worked in a homeless shelter as his contribution. What will you do as yours? It’s a new day, and we can make it last for a long time if only we will. YES WE CAN!

In the meantime, may you,  
Go shining

## Covenant Group Rejuvenation

Planning for new Covenant Groups is ongoing, but not finished yet. Thank you for your patience. If you would like to be in a monthly Covenant Group but didn’t sign up at our gathering in October, please let me know to put your name on the list. My aim is to have the groups ready to go in early February. Please e-mail me with questions or concerns.

Please note that Tapestry is holding sign-ups for Covenant Groups that will meet at Tapestry. Their groups are organized a little bit differently than OCUUC’s. If you are interested in a group meeting in South County with Tapestry members, contact Linda Haghi at [lindahaghi@sbc-global.net](mailto:lindahaghi@sbc-global.net).

*jUUdith Stamper*

## UUA Releases New Study Guide for film *Milk*

*Milk*, Gus Van Sant’s filmed biography of the later years in the life of Harvey Milk, a great leader of the 1970s Gay and Lesbian movement and the first openly gay politician in the United States, opened in theatres in December 2008 and is not yet out on DVD. Sean Penn’s Golden Globe-nominated performance as Harvey Milk has already been hailed as one of the most profound and touching of the year. Given the film’s important historical content and the passage of Proposition 8 in California in the last election cycle, as well as the UUA’s longstanding commitment to support of bisexual, gay, lesbian, and transgender rights, a discussion guide for UUs and UU congregations was prepared to support faithful congregational conversations on the subject of equality for all people and related topics.

This discussion guide includes a list of resources and

See **Study Guide**, page 5

## January Recipient of Church Funds

The **Orange Coast Interfaith Shelter (OCIS)** mission is: “to change the lives of homeless families by providing them with the encouragement and the tools for achieving self-sufficiency.” In 1981, when OCIS was founded there was the desire to provide just the tangibles—food, housing, and clothing but it was soon realized that more was needed to address the growing problems of homeless families. In 2007 it was estimated that in Orange County there were some 35,000 homeless individuals, 70% were families, men, women, and children living on the

streets in cars, occasionally in shelters, and from time-to-time residing in sub-standard motel rooms. Over the years OCIS, in addition to meeting the immediate needs of Emergency Shelter, works to promote family stability through transitional living programs that include developing the emotional and financial stability that leads to eliminating the barriers to self-sufficiency. OCIS serves more than 2,000 individuals each year. The Orange Coast Interfaith Shelter needs our help now! For more detailed information about this month’s recipient, see Reverend Karen Stoyanoff or contact the Shelter at (949) 631-7213.

There is no need to remind ourselves of the disasters occurring because of the state of our country’s economy. However, we must never forget that those with the least suffer the most. Social and non-profit programs are finding it impossible to serve those in need. We have chosen to help where we can and the OCUUC Community Service Committee would like you to identify worthy recipients. Please contact Kathleen McFarlin or Maurice Giss to assist with your nomination of deserving causes.

## ADR Report

### from Birdie & Charlie Reed

HAPPY NEW YEAR! We have a full calendar starting the year off.

**Saturday, Jan. 24**—PSWD Leadership Day—OCUUC.

**Jan. 26–29**—UUMA/LREDA retreat at Mary & Joseph retreat center in Palos Verdes.

**Sunday, February 1**—Comments due on preliminary draft of Peacemaking Statement of Conscience. It is available on [uua.org/social-justice](http://uua.org/social-justice) under “What’s New.” Please send comments to us.

**Friday, Feb. 13–Sunday, Feb 15**—annual Interweave Convo at Pacific Unitarian in Palos Verdes. Several of us are planning to go. See us or AJ Blackwood.

**Feb. 13–15**—Elementary Winter Camp at de Benneville Pines. Contact the camp ([UUcamp@aol.com](mailto:UUcamp@aol.com)).

**Mar. 6–8**—PSWD Leadership School. More about this later.

**Friday May 1–Sunday, May 3**—PSWD District Assembly (district and de Benneville annual meetings), Mesa, Arizona. If you would like to be a delegate, please contact us.

**Wed., June 24–Sun., June 28**—UUA General Assembly in Salt Lake City.

If you would like to be a delegate, please contact us.

## Myths About Race Film/ Discussion Series

### Pacific Unitarian Church, Rancho Palos Verdes

With the inauguration of America’s first Black president, the age-old issues of race and racism are more pertinent than ever. Join UUs in a series of frank, eye-opening dialogues about race and ethnicity starting March 1, Sunday 1 p.m. after church in the library. Vegetarian lunch will be available for \$5.

“RACE? The Power of an Illusion” is a provocative three-hour series that questions the very idea of race as biology. On March 1, we’ll screen Part 1, “The Difference Between Us,” which shows why scientists tell us that believing in biological races is no more sound than believing the sun revolves around the earth. So if race is a biological myth, where did the idea come from? And why should it matter today? Discover why the closest genetic matches are as likely to be with people from other “races” as from your own. The episode helps us understand why it doesn’t make scientific or genetic sense to sort people into biological races, as it dismantles our most basic myths about what racial differences really mean.

For information, contact: *Vivien Hao* [prcvivien@yahoo.com](mailto:prcvivien@yahoo.com) or (323) 254-5199. Please reserve a seat and lunch by February 26.

**Get your act together!** (Sound like your mother?) Seriously, get your act together for the Open Mic Night on March 21. The event will have an Irish theme, but your act can be anything you can dream up. Funny or serious, as long as it's family-friendly. So set the date and create something entertaining to share with your OCUUC community at this fun annual event!

Have you enjoyed the **slideshow**s that have been occurring throughout the service the past several weeks? They have been produced by Mark Miller, our new Chair of the Multimedia Committee. Thanks Mark! If you have any comments or suggestions about the slideshow, let me or Mark know anytime. And if you'd like to help create or run the slides, let Mark know that too!

**Like to sing?** Orange Coast Choir always welcomes new singers, and we are especially looking for sopranos and tenors right now. Singers don't have to read music, but they do need to be able to match pitch and follow directions. The choir has an exciting spring schedule

including a retreat, a road trip, and a spring concert about an important social justice issue. We rehearse every Thursday from 7:30–9 p.m., and we usually sing in three Sunday worship services a month. Come check it out this Thursday to see if choir would be a good fit. Or call or e-mail Beth anytime with any concerns you might have.

Did you know that the songs on our CD **Family ValUes** are available on iTunes, eMusic, napster, and many other digital distribution sites? Our CD raked in over \$400 this past year through digital sales alone. Hooray! And thanks to Mike Harmanos for setting it up for us!

**Upcoming Music Events:**

- 1/31/09—Choir retreat
  - 2/7/09—Orange Coast Concerts—Jamie Laval
  - 3/21/09—Open Mic Night
  - 3/29/09—Family Choir sings in morning service (rehearsals will be Sundays TBD in March)
  - 4/25/09—Orange Coast Concerts—Three Zithers (hammered dulcimer, koto, qanun)
  - 4/30/09—A contingent of singers travels to District Assembly in Mesa, AZ to sing Sources with the Arizona choirs there
  - 6/13/09—Spring Choir Concert
- Musically yours,  
Beth Nakao, *MusicDirector@ocuuc.org*

**Study Guide, from page 3**

steps for taking action, and was prepared by Rev. Mark Belletini, Senior Minister of the First Unitarian Universalist Church of Columbus, Ohio. Belletini has taught in a number of seminaries, including Meadville Lombard Theological School in Chicago, which awarded him a Doctor of Divinity in 1994, and Starr King School for the Ministry, which is his alma mater. He has taught worship and celebration, Unitarian Universalist history, gay, lesbian, bisexual, and transgender studies, and the Gospels from a Unitarian Universalist perspective. Find out more about the new study guide and access versions in Word and PDF: [uua.org/leaders/leaderslibrary/leaderslibrary/125446.shtml](http://uua.org/leaders/leaderslibrary/leaderslibrary/125446.shtml).



**A Conversation about Milk**

The Welcoming Committee will be hosting a discussion about the movie *Milk*, the story of Harvey Milk, a leader of the 1970s Gay and Lesbian movement and the first openly gay politician in the United States. We will be adapting UUA's new study guide to the film for our discussion. [See article beginning on page 3.] Please join us for food and conversation about this engaging leader.

Seeing the movie ahead of time is optional, yet recommended.

**Sunday, February 8, 12:30–2:00 p.m.** at Tapestry in the RECY room above the Social Hall.

Sandwiches will be provided.  
*Jocelyn Cooper*

## RE Wish List

More Teachers

...More Teachers

... ..More Teachers

Lesson materials, activities, and literature are all completely provided. Please volunteer even if you do not have children in the program. Their future is our future! What a great way to create positive change in the world.

We are also looking for a new nursery care provider. The position is currently for 2 hours every Sunday. The pay is \$15.00 per hour. There are plenty of opportunities to pick up additional hours.

An application and background check must be completed. All of our playground supervisors and childcare providers are CPR certified and Adair is sponsoring another free class on

1/30/09. The care and comfort of our RE kids is a top priority. Please contact Christine or Mary if you know of someone who is interested.

Thank you to all of those who are pitching in to clean up the picnic tables and wash our cups after snack on Sundays. Let's also help the teachers wash paintbrushes, clean off craft tables, etc.

Elementary (Grades 1 & 2) OWL classes continue at Tapestry and OCUUC. Parent orientation for the Jr. High Orientation is at OCUUC on Saturday, Feb. 21.

We now take you back to your regularly scheduled program.

Happy to Be Your DRE,  
*Christine*

## Time to Register for Elementary Winter Camp

The PSWD Elementary Winter Camp is President's Day Weekend next month, Saturday February 14–Monday February 16.

The theme is "Keen on Green" and will focus on learning how we can make our world greener and enjoying camp activities—worship, snow play, crafts, games, and making new friends.

The camp is for children ages 8–12. Children ages 5–7 and children not ready to come to camp by themselves are invited to bring their parents.

Fliers with registration information have been mailed and you should receive yours soon. They are also available to download from the camp website at: Elementary Winter Camp Flier/Registration Form and from the Camp de Benneville Pines Page on Facebook, which can be

viewed whether you have a Facebook profile or not.

Please invite your friends and the families from your congregation to attend, copy fliers for your Sunday newcomer's table, and add the information to your church bulletin.

We look forward to seeing all the children and families at camp!

*Caroline Quintanilla*

Camp de Benneville Pines

(909) 794-1252 direct line

(909) 725-2787 cell/text

(866) 481-2805 fax

*caroline@uucamp.org*

## Women's Retreat Pre-Registration Ends January 31

The "Women's Retreat" at Camp de Benneville Pines this spring will be Friday, April 24–Sunday, April 26.

Pre-registration for the weekend at last year's rate will end on January 31, 2009. The organizing committee is still working on the theme, keynote speaker, and workshop details but as always, it will be a wonderful weekend, a community of beautiful women and lots of fun.

Please don't miss out. This event fills quickly and we expect to sell out again this year. At this time, there are only a few Craig's Cabin rooms available but we still have plenty of our comfortable standard rooms—and you can still get the pre-registration rate of \$150.00 per person until January 31. Upgraded cabins are \$20 more and if you would like to arrive on Thursday for a quiet day before the activities begin, the cost for lodging only is an additional \$20.

We are also offering pre-registration rates for this fall's "Yoga & Wellness Retreat," Friday September 11–Sunday, September 13, 2009. Pre-registration for this weekend ends on April 15, 2009.

To pre-register for either of these events, you can download the forms from the camp's website.

*Caroline Quintanilla (contact info above)*

## Free CPR Classes!

Become certified or renew here at OCUUC! Your Caring Ministry has arranged for training in this vital skill to protect our families, friends, and society at large. All our nursery caregivers and RE teachers should be certified. How about you parents and grandparents? Teens are welcome to enroll.

Hoag Hospital is paying for CPR training for 20 of us each year. An American Heart Association instructor will teach the class on Saturday, Jan. 31, from 8:30 a.m.–1:00 p.m. We need a minimum of ten and you must register in advance. Light breakfast provided. Childcare by advance request. Sign up at the Caring Ministry Table or contact *Adair* at [nurse@ocuuc.org](mailto:nurse@ocuuc.org).

## Universal Declaration of Human Rights Now Includes LGBT Rights

In powerful affirmation of the Universal Declaration of Human Rights, 66 nations at the UN General Assembly on December 18 supported a statement that international human rights protections include sexual orientation and gender identity. It is the first time ever that a statement condemning rights abuses against lesbian, gay, bisexual, and transgender people has been presented in the General Assembly.

The 66 countries reaffirmed “the principle of non-discrimination, which requires that human rights apply equally to every human being regardless of sexual orientation or gender identity. They specifically condemned killings, torture, arbitrary arrest, and “deprivation of economic, and social and cultural rights, including the right to health. They urged all nations to “promote and protect human rights of all persons, regardless of sexual orientation and gender identity, and to end all criminal penalties against people because of their sexual orientation or gender identity.

Nearly 90 countries have laws against consensual sex between adults of the same gender and, laws aside, abuse is wide-

See **UDHR**, page 9

## It'S Not Too Late To Join BYOT!

Building your own theology starts next Tuesday (January 27). You can tell Sarah in the office that you want to be part of the class, or just show up at 7:00 p.m. in the Social Hall. This is an excellent class to take to deepen your own sense of meaning, to live out our 4th principle: “the free and responsible search for truth and meaning.” It is also a great way to enter into dialog with other UUs. If you’ve never taken the course, it’s something you should plan to do and there’s no time like the present. If you’ve taken it before, it’s a great way to renew your sense of Unitarian Universalism and to reconsider your beliefs. And if you are hungry for serious conversation, this is a wonderful place to find it. Please join Karen Stoyanoff and A J Blackwood as they lead this engaging adult curriculum!

## Notes from the Nurse

I’ve recently been reminded by one of you about the Simple Signs of a Stroke and how to recognize these in yourself or another. You can use an acronym for this:

- S - Ask the individual to SMILE.
- T - Ask the person to TALK and SPEAK A SIMPLE SENTENCE (i.e. It is sunny out today.)
- T - Ask the person to STICK OUT HIS TONGUE (it should be straight).
- R - Ask her to RAISE BOTH ARMS.

All these movements should be symmetrical. If you are worried about yourself, use a mirror. If he or she has trouble with ANY ONE of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

And the symptoms that should cue you to check for these?

1. Sudden, severe unusual headache.
2. Sudden, weakness or numbness especially on one side of body.
3. Sudden, slurred speech and/or confusion.
4. Sudden dizziness, loss of balance or coordination.
5. Sudden trouble seeing in one or both eyes.

Another tip: Although it is recommended to chew a naked (non-coated), full-strength aspirin at the signs of a heart attack, this is not recommended generally for a stroke as strokes can be caused by bleeding as well as a clot. In either case, the first thing to do is call 911!

“You have to think with the heart.” —Douglas Sirk  
*Adair Small*, Congregation Nurse; [nurse@ocuuc.org](mailto:nurse@ocuuc.org)

### Artists Arise Happenings:

“**Flowers, Faces, and Places—A Photography Show**” will open on Sunday, January 25, after the second service. Please come enjoy the display of the work from some of our photographers-members of OCUUC.

#### **The Window Project**

We’ve heard many people lamenting how they will miss our **beautiful beloved great glass window!**

So we urge you to take photos of our Beloved Window—from inside and outside the church—for a future Photography Project. So when we move we can have more than our memories of Our Beloved Window—we’ll have Great Big Photos of it! This project is still under study so we’d like your input as well as your photos. Vote for the best photo?... sell enlargements as a fund-raiser?... Give us your thoughts when you bring us your photos or CDs. In the meantime—**Shoot! Shoot! Shoot!**

Deadline for receiving photos or (preferably) CDs of photos is Sunday, 02.15.09

#### **Workshops in 2009**

“Drawing On the Right Side of the Brain,” Sunday, 02.22.09, after second service, presented by Mary Paliescheskey Lundholm.

Details and sign-up sheet at Caring Ministry/Artists Arise Table on the Patio.

Second quarter, “Creativity.” Presented by Vera Viana-Asper. Date TBA.

Let’s do art!

*Mary Paliescheskey Lundholm*

*Vera Viana-Asper*

UDHR, from page 7

spread. For example:

In the United States, Amnesty International has documented serious patterns of police abuse against lesbian, gay, bisexual, and transgender people, including incidents amounting to torture. The U.S. refused to sign the statement.

In Egypt, Human Rights Watch documented a 2001-2004 crackdown on men suspected of homosexual conduct between, in which perhaps thousands were arrested and tortured. Egypt actively opposed the statement.

The challenge ahead is to persuade the U.S. Government to support this initiative and to increase support from the Government of Canada. Canada signed the joint statement but did not participate as a core organizer.

It was not a good day for the United States, a day on which the UN General Assembly voted on a variety of human rights issues. In addition to the failure noted above, the U.S. voted on the losing side of initiatives to end global racism and to end the use of mercenaries to deprive people to their right to self-determination, among several other initiatives. In many votes, the U.S. was joined by only the governments of Israel, the Marshall Islands, and Palau. At times, the U.S. was alone.

At the UU-UNO, part of our mission is to remind everyone at the United Nations that all persons everywhere have the right to a safe and dignified life.

**Action Request:**

1. See the movie *Milk*, starring Sean Penn. Remember that the events depicted as history are being repeated today and everyday in much more horrific ways all around the world.

2. Contact your government leaders to end state-sponsored persecution based on sexual orientation and gender-identity.

Everyone has the right to a safe and dignified life. Please act now.

*The UU UNO Communications Team*

**Board Calendar**

Date	Time	Place
FEBRUARY 17	7:00 PM	SOCIAL HALL
MARCH 17	7:00 PM	SOCIAL HALL
APRIL 21	7:00 PM	SOCIAL HALL
MARCH 17	7:00 PM	SOCIAL HALL

At OCUUC

**Pastoral Associates Offer "Companionship"**

The associates are commissioned to augment the pastoral work of our minister. If illness, physical limitations, impending or recent hospitalization, personal losses, significant life changes, spiritual or emotional distress are concerns for you or someone you know, please call one of the pastoral care associates listed.

- Paul Gethard
- Ted Lundholm
- Joan Parry
- Adair Small
- Judith Stamper
- Bill Stoker
- Shannon Stoker
- Shirley Thorne
- Vera Viana-Asper

**ATM Cooking Schedule**

As part of the OCUUC Faith in Action outreach program, the AIDS Team Ministry Project (ATM) is a meal service project which provides microwaveable meals to homebound people with AIDS who live in Orange County. We normally cook every month on the second Saturday, 8–noon, in the wonderful OCUUC kitchen. Volunteers cook, package, and freeze meals. These meals, which are then delivered biweekly, can be easily popped into the microwave by folks who are unable to cook nutritious meals for themselves. See the ATM bulletin board on the east wall of the kitchen foyer for cooking dates and sign-up or e-mail [atm@ocuuc.org](mailto:atm@ocuuc.org).

**Next cooking date: February 14**

To volunteer, please sign up on the sheet posted on the ATM bulletin board (on the east wall of the kitchen foyer), or call cooking coordinators *Ted and Mary Lundholm*.



## Orange Coast Unitarian Universalist Church

1259 Victoria Street  
Costa Mesa CA 92627  
(949) 646-4652

### Dated Material

### OCUUC—The Women's Circle

#### January Notes:

Our January meeting found many women trying to sort and organize their paperwork, their homes, and their lives. Most women wanted to start their New Year making small, positive changes. Some women were facing health changes and others enjoyed new-found solitude. As usual, with the warm rays of the January sun coming in from the windows, it was good to be together.

Next Meeting: Sunday, February 1, as usual, after second service in Gillian #3 at 12:30 p.m.—*please be prompt*.

Our Topic for discussion will be: The Magic Frog! The Magic Frog gives you three wishes! Hold the frog, look into his eyes, and wish—whimsical or profound!

We will be together from approximately 12:45 p.m. to 2:30 p.m. Please bring brown bag lunch; beverage provided.

For further information contact Lili Laksberger.

### Walking Group

We are meeting at the San Joaquin Marsh in Irvine at 8:00 a.m. on Mondays and Fridays for our 45–60 minute walk. We combine birding and mild exercise. Call Mickey Jackson or Jay Miller for more info.

### OCUUC Book Group

The OCUUC book group meets the first Monday of every month in Gillian 3 at 7:30 p.m. Everyone who has read the book and interested in a lively and edifying discussion is most welcome to join us. For further information, call Mickey Jackson. Selections for the next four months are as follows:

February 2—*Upstate* by Kalisha Buckhanon, presented by Marquita Miller

March 2—*The Story of a Marriage* by Andrew Sean Greer, presented by Mickey Jackson

April 6—*Bridge of Sighs* by Richard Russo, presenter TBA